



## Dance Class Descriptions

Ballet	This dance class will introduce dancers to classical ballet techniques and terminology. Each class includes barre work, center floor exercises and across-the-floor combinations with classical music. Ballet provides the grace, poise, and technique needed to be proficient in all other areas of dance.
Ballet Lyrical	This dance class combines the techniques of ballet to the expressive form of lyrical and liturgical dance. Dancers focus on the connection of the musical lyrics and the dance. Class will include barre work, center floor exercises, across the floor patterns and dance combinations.
Lyrical Worship	This dance class is the expressive form of lyrical and liturgical dance. Dancers focus on the connection of the musical lyrics and the dance. Class will include center floor exercises, across the floor patterns and dance combinations. Dancers express the word and spirit of God through praise and worship.
Hip Hop	In this dance class, dancers will learn rhythm, musicality, strength and footwork with age-appropriate movements and music. It utilizes the various rhythms of hip-hop music combined with a wide variety of moves. Breaking, popping, and locking are among the most popular. Classes consist of warm-up, floor exercises and varied stylistic combinations.
Jazz	This dance class introduces technical jazz skill progressions such as jazz walks, kicks, combinations, jumps, leaps, and turns. Jazz builds dancers' style and confidence while working on musicality and the ability to pick up choreography and connect steps and skills together with fun, upbeat music.
Pom Jazz	This dance class introduces both Jazz and Pom in a fun learning environment. Dancers learn technical jazz skill progressions such as jazz walks, kicks, combinations, jumps, leaps, and turns. Jazz builds dancers' style and confidence while working on musicality and the ability to pick up choreography and connect steps and skills together with fun, upbeat music. Pom is a mix of both cheer and dance. Pom teams make cheer-like movements to fast paced music.
Ribbon Dance	This dance class will focus on movements in both dance and ribbon dancing in a fun learning environment. Dancers learn technical dance skill progressions to combine movement with ribbons. Ribbon dancers learn coordination elements that include half/ full circles and spirals. Routines create large, smooth and flowing movements.
Tap	In this dance class, dancers learn to create rhythm with their feet. It focuses on the development of a sharpened sense of rhythm, coordination, and clarity of sound. The class incorporates warm-ups, rhythm sequences and movements across the floor.
Combo	In this dance class, dancers have the opportunity to learn two-three different styles of dance in one class. Classes will start with one style of dance and will switch to the other style halfway through class. Dancers who participate in the annual spring recital will learn two-three routines that will be performed.