



## HEALTH GUIDELINES

In order to ensure a healthy and safe environment for all children in RidgeKids, we follow the recommendations of the American Academy of Pediatrics. It is your child and the children of other parents who will benefit from your cooperation.

Please do not bring your child to church if he or she displays any of the following symptoms:

- **Fever** (in the last 24 hours)
- **Diarrhea and/or vomiting** (in the last 24 hours)
- **Pink eye or other eye infections** (red, crusty, or watery discharge)
- **Sore throat**
- **Sneezing or cough, if persistent and /or productive**
- **Colored nasal discharge:** white – viral infection; yellow or green – bacterial infection
- **Jaundice** (yellowing of the eyes or skin)
- **Any skin infections; sores and/or crusts on the scalp, face or body – particularly if red, swollen, draining, or spreading**
- **Skin eruptions or rash** (other than diaper rash)
- **Lice**
- **Swelling and tenderness of glands, particularly around face or neck**
- **Any communicable diseases**

**NOTE:** Neither leaders nor the staff of NorthRidge is allowed to give any medicine to any child in RidgeKids.

It is our prayer that all our children will be in good health at all times; however, when symptoms are present, bringing the child out and having him/her around other children is unfair to both your child and the other children.

Thank you for your cooperation in following these guidelines.

